## Project Cornerstone: ABC Reading Kindergarten Toolkit



September: Listen and Learn

- Teaches what listening is, how to listen, and why listening is important.
- Talks about ways to listen in a positive manner and what to do when someone doesn't listen to you.
October: Join in and Play
- Teaches children how to play - what are the rule, how to get along, being a good sport, and cooperation.
- Talks about being a friend, making a friend, and playing together.
November: Talk and Work It Out
- Focuses on peaceful conflict resolution.
- Gives children specific tools to use to aid in peaceful conflict resolution, including calming oneself, verbalizing the problem, listening to understand, solving the problem, and choosing the best plan.
- Teaches how to accept and respect each other's position.
January: Cool Down and Work Through Anger
- Teaches children to recognize feelings of anger.
- Helps children learn that it is okay to feel angrybut not okay to hurt anyone with actions or words.
- Focuses on skills for anger management: selfcalming, thinking, getting help from a trusted person, talking and listening, apologizing, being patient, and viewing others positively.
February: Understand and Care
- Focuses on explaining empathy to children.
- Understanding how another person feels is an important social skill that will allow children to show respect and caring for others.
March: Accept and Value Each Person
- Teaches children about living in a diverse world.
- Talks about accepting and valuing people different from oneself and their family.
April: Be polite and Kind
- Focuses on manners such as courtesy, respect, and kindness.
- Helps children learn that good manners help everyone get along.


## May: Reach Out and Give

- Talks about the importance of contributing to your community.
- Shows children that they have special skills that can make important contributions.


